



CHAGAp^{plus}TM

Immune Support Extract

Product Information Sheet

CHAGAp^{plus}TM combines phytotherapeutic extracts of **Inonotus obliquus (chaga)**, **Ganoderma lingzhi (reishi)**, **Curcuma longa (turmeric)**, **Zingiber officinale (ginger)**, **Withania somnifera (ashwagandha)**, and **Cinnamomum verum (Ceylon cinnamon)**. This formula is designed to help support healthy immune function and general wellness.



Inonotus obliquus Chaga mushroom is a type of parasitic fungus commonly found on birch trees in cold regions (northern Europe, Russia, Canada); traditionally prepared as teas and extracts in folk medicine for general wellness. Laboratory studies identify polysaccharides and polyphenols that can modulate inflammatory and oxidative pathways in experimental models; human clinical data are limited and context-specific.

Ganoderma lingzhi, the Reishi mushroom, a wood-decay mushroom long used in East Asian traditional medicine to support vitality and longevity. Contains triterpenoids and polysaccharides; experimental and some clinical studies report effects on immune signaling and inflammatory pathways, though clinical evidence varies by preparation and study design.

Curcuma longa. A tropical rhizome used for centuries in Ayurvedic and traditional Asian medicine for culinary and medicinal purposes. Rich in curcuminoids with antioxidant and anti-inflammatory activity shown in laboratory and clinical research; human studies suggest context-specific benefits for inflammatory markers and symptomatic support.

Zingiber officinale ginger extract is a perennial root widely used as a spice and traditional remedy for digestive and inflammatory complaints. Contains gingerols, shogaols, and related

compounds with demonstrated antioxidant and anti-inflammatory effects in preclinical studies and some human trials addressing gastrointestinal and inflammatory outcomes.

Withania somnifera, also known as Ashwaganda, is an adaptogenic herb from Ayurvedic tradition used to support stress resilience and overall vitality. Human and preclinical studies suggest potential effects on stress biomarkers, aspects of immune activity (e.g., natural killer cells), and inflammatory markers; results depend on extract and dosage.

It has also been shown to decrease markers of inflammation, such as C-reactive protein (CRP). ***Cinnamomum***

verum A bark spice historically used worldwide for flavor and traditional remedies. Rich in polyphenols and antioxidants; laboratory research supports oxidative-stress modulation, and limited human studies have examined metabolic and inflammatory endpoints with mixed results.

- **Highly bio-available due to heat and alcohol reflux extraction**
- **Extracted in Maui, Hawaii.**
- **Organic, Non-GMO, Gluten free**
- **Extracted with Maui-grown organic sugarcane alcohol** and deep ocean mineral water.

These summaries are educational and qualified; retained study references should be labeled as preclinical or human clinical in your references. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.