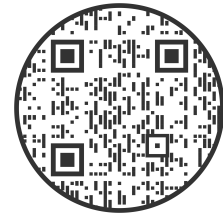




Intelligent Remedies, Inc.

www.intelligentremedies.com



**ANXIETYsupport™**



## Product Information

Calm your nervous system like generations before you. Learn more about **ANXIETYsupport™**

**Erythrina mulungu (Mulungu)** Native to the Amazon and Atlantic Forest regions of South America, mulungu has been used for generations in Brazilian and regional folk traditions, where the bark and flowers were historically prepared to support nervous system ease, restful sleep, and a sense of calm. Researchers have studied *Erythrina mulungu* for its effects on neurological pathways — particularly those related to GABAergic activity — with botanical literature examining how its alkaloid compounds interact with the body's natural stress-response and nervous system regulation processes.

**Ocimum tenuiflorum (Holy Basil / Tulsi)** Considered sacred in Hindu tradition and central to Ayurvedic practice for thousands of years, Tulsi was historically cultivated and prepared as a daily wellness tonic associated with mental clarity, stress resilience, and overall vitality.

Researchers have studied *Ocimum tenuiflorum* as an adaptogenic herb, with peer-reviewed literature examining how its phytochemicals interact with the body's natural stress-response pathways, cortisol regulation, and neurological processes associated with mood and energy balance.

**Schisandra chinensis (Schisandra / Magnolia Berry)** Native to northern China and the far eastern regions of Russia, schisandra has been a valued herb in traditional Chinese medicine for centuries, where the berry was historically prepared as an adaptogenic tonic associated with endurance, mental clarity, and emotional resilience. Researchers have studied *Schisandra chinensis* for its effects on cortisol regulation and the body's natural stress-response mechanisms, with botanical literature examining how its lignans and bioactive compounds interact with neurological and adrenal pathways.

**Rehmannia glutinosa (Chinese Foxglove / Rehmannia Root)** Rehmannia has been one of the most widely used roots in traditional Chinese medicine for over two thousand years, where it was historically prepared as a foundational tonic to support kidney and adrenal vitality, nervous system balance, and overall constitutional strength. Researchers have studied *Rehmannia glutinosa* for its effects on adrenal and hormonal regulation pathways, with botanical literature examining how its iridoid glycosides and other bioactive compounds interact with the body's natural stress-hormone and neuroprotective processes.

**Asparagus racemosus (Shatavari)** Shatavari has been a cornerstone of Ayurvedic tradition for thousands of years, revered particularly as a female wellness tonic and adaptogen, where the root was historically prepared to support hormonal balance, digestive comfort, and nervous system ease. Researchers have studied *Asparagus racemosus* for its antioxidant compounds — including racemofuran and asparagine A — with peer-reviewed literature examining how these constituents interact with the body's natural inflammatory response, cellular protection mechanisms, and neurotransmitter-related pathways.

**Cinnamomum verum (Ceylon Cinnamon)** Ceylon cinnamon has been traded and used medicinally since antiquity, appearing in ancient Egyptian, Chinese, and Ayurvedic texts where it was historically prepared to support warmth, circulation, and digestive wellbeing. Researchers have studied *Cinnamomum verum* for its rich polyphenol content — including flavonoids and phenolic acids — with botanical literature examining how these antioxidant compounds interact with the body's natural oxidative stress-response and metabolic pathways.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.